



# STUDIO INFORMATION

## WHAT TO WEAR

- Anything that you feel comfortable in and can move freely in
- Layering or packing a change of clothes is suggested so that you will have an alternative outfit for if you get warm / cold during the course of the class
- Traditionally bare feet for yoga
- Indoor dance shoes and bare feet are permitted on the studio floor; shoes that have been worn outdoors may not be worn on studio floor

## WHAT TO BRING

- Water bottle (Water can also be purchased at the studio)
- Clothing layers
- Yoga mat (Yoga mat and blocks are also available for use at the studio)

## CLASS CONDUCT & POLICIES

- Have fun
- Try new things
- Keep an open mind
- Speak kindly to others
- Be respectful to peers
- Be respectful to yourself
- Cell phones should be on vibrate / silent and stowed away during class

## PAYMENT

- Payment must be made in advance of class
- Student may not be allowed to participate if payment is not made prior to class
- Payment method shall be by cash or check
- Checks should be made payable to Yasko Yoga & Dance, LLC
- In addition to the amount of the check, you will be charged an additional \$20 fee for any returned check

## CLASS CANCELLATIONS

All cancellations will be posted on the Yasko Yoga & Dance website ([www.yaskoyogadance.com](http://www.yaskoyogadance.com)).

## STUDIO CLOSINGS

Bright Star World Dance will post any studio closings on their website ([www.brightstarworlddance.com](http://www.brightstarworlddance.com)). In the event of a studio closure, all Yasko Yoga & Dance classes will also be cancelled.